

Women's Devotional Prayer Journal



Shauna Hord

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Listen to the Quiet

by Shauna Hord

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As we begin to “Listen to the Quiet,”
I want to share with you the way this
devotion book is intended to be used:



Start each day with prayer and Bible reading. The Bible chart is listed in the back and is intended for you to move at your own pace. Take your time and enjoy God’s Word each day. The day always goes better when we have spent time in the presence of the Lord.



Each devotion concentrates on one thought for an entire week. This way we can meditate on each one and make it a regular part of our lives. Day 1 begins with a devotion and Scripture reference and then journal space for you to add your thoughts. This space is designed for you – so take pen in hand and write how you feel the Lord leading you. Don’t just read, become part of the dialogue. No wrong answers here—just let your creativity soar!



Each day for the rest of the week there are bite-sized thoughts relating to the weekly devotion and Scripture references to help strengthen the concepts in your heart. Again, there is space for you to write what the Lord is stirring in your heart. Don’t be afraid to write; no one will grade your paper, and there will be no end-of-the-book test!



All through the book you will see reminders to “Listen to the Quiet.” These are designed for you to stop for a moment and simply listen. It’s amazing what you will hear. Take time for solitude and stillness and hear the voice of the Lord.



There is also space for weekly prayer requests. Remember to write how the Lord is working in each situation. It’s incredible to go back and see what God has done.

Blessing on you my friend!

Shauna Hord



Listen to the Quiet

“Turn that down please; let’s just listen to the quiet.” I repeat this statement many times to my children after a busy day. It can be any number of things that fill my mind to the point that I actually need the quiet. It calms me. Listening to something requires more energy than I want to give, and the quiet is always such a reward. For some, this comes naturally, but for others this appreciation of quiet has to be developed.



“Be still, and know that I am God; I will be exalted among the nations; I will be exalted in the earth” (Psalm 46:10, NKJV).

God spoke to the prophet Elijah in a still, small voice (1 Kings 19:12). It was the quiet that opened the opportunity for God to talk and be heard. It’s easier to hear His voice when the competition for our attention is at its least. There is so much out there to busy our minds that we neglect the times when we need to listen for that still, small voice of the Lord.



I have heard His voice in the quiet . . . those still moments when the world is shut out and I am just listening.

Could it be there are times we are afraid of the quiet? What if we are confronted with the things we’d rather not think about? What if we hear the still, small voice of the Lord speaking about some changes we’re not sure we want to make? Some may think the loudness of the day is easier and presents less to worry about, but in reality, it hinders

